

MANAGING YOUR TRANSITION TIMELINE (MYTT)

TRANSITION **ACTIVITIES MUST BEGIN NLT 365 DAYS BEFORE TRANSITION** AND MAY BEGIN AS EARLY AS 24 MONTHS PRIOR TO RETIREMENT

Veteran-owned Businesses (SBA) **CAREER/FINANCIAL RESOURCES:** Veterans.gov (DOL) American Job Centers Veteran Readiness and Employment Assistance from your TAP counselor / Online TAP Schedule EDUCATION RESOURCES: **Basic Skills Improvement Opportunities** Education Benefits (e.g. Post-9/11 GI Bill) **Career Path DECIDE Professional Education Counseling** Credentialing/Apprenticeship: (COOL/USMAP/MILGEARS) HEALTH AND WELLBEING RESOURCES: **Disability Compensation DOL Unemployment Compensation for Veterans** VA.gov/MyHealtheVet Accounts inTransition Program FedsHireVets Mental Health Resources Job Counseling and Employment Placement Peer Support Services Office of Personnel Management Veteran Services **Recovery Coordination Program** Personal Finance Resources Suicide Prevention Information Sense mobile application VA Health Care/Dental Care **Thrift Savings Plan** Veteran Employment Services Office

VA Mental Health Access VA Solid Start **VA VET Centers** ADDITIONAL RESOURCES: **Community Support Resources DoD TAP Curriculum DOL TAP Curriculum** Joint Services Transcript Military OneSource National Resource Directory Non-military Counseling **Transition Online Learning** VA Home Loans VA TAP Curriculum Veterans Military Exchange Online Shopping Benefit

18 - 24 MONTHS

- Make an appt. with your local TAP Counselor to begin the TAP process
- □ If retiring, schedule and attend Individualized Initial Counseling and Pre-Separation Counseling (can occur before 365 days, but no later than 365 days prior to separation or retirement)
- Identify a mentor
- Create a LinkedIn account and start to build your network
- Secure your Joint Service Transcript (JST) or CCAF Transcript and Verification of Military Experience and Training (VMET)

12-18 MONTHS

- □ If separating schedule and attend Individualized Initial Counseling and Pre-Separation Counseling (can occur before 365 days, but no later than 365 days)
- Explore SkillBridge or career skills opportunities
- **Q** Review finances to ensure you are financially ready for civilian life. Schedule a meeting with a personal financial counselor
- Register for/attend TAP workshops and additional tracks
- Create a master resume
- Consider taking CLEP exams

6-12 MONTHS

- Begin and refine your job search
- Use your master resume to begin drafting targeted resumes
- Arrange for household goods (HHG) transportation counseling if you plan to relocate upon separation
- Review and update your will, and other legal documents
- Decide if you want to register VA health benefits
- □ If retiring, meet with your Service Retirement Office
- Gign up for a free year of the LinkedIn Premium Subscription
- □ Start attending career fairs

4-6 MONTHS

- Start your SHPE and SHA, visit TRICARE online Review your DD 2648 and DD 214 for information
- Research your health insurance options: Obtain copies of your medical records
- Schedule your physical and dental checkups
- Consider whether to take terminal leave or sell back your leave balance
- Determine if you are eligible for separation pay or early retirement
- Submit a pre-discharge disability claim under the Benefits Delivery at Discharge (BDD). if applicable
- Connect with an American Job Center (AJC) near you
- □ Schedule Capstone with a TAP Counselor and Commander or their designee

3 MONTHS

register for TRICARE (if you are retiring)

Research life insurance options for self and

Contact your medical treatment facility to get

copies of your health and dental records

Complete VA Healthcare registration

Set up a one-on-one session with a

Obtain a Veterans' Preference letter from

• Apply for Personalized Career Planning and

VA Benefits Advisor

Update your voter registration

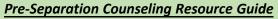
family

VA.gov

Guidance

90 DAYS OR LESS

- □ If seeking employment, begin applying and interviewing for positions
- □ Finalize relocation appointments and review your benefits
- Begin to prepare your Disability claim with your local VSO (if not completed previously)
- □ If retiring and married, make a Survivor Benefit Plan election decision with your spouse
- □ If retiring, complete DD 2656 with a retirement services office or counselor
- Contact Military OneSource to learn about no-cost resources available to you for your first year posttransition



provided during Pre-Separation Counseling contains information and websites on programs, services, and benefits available pre, during, and post-transition. Available for download:

www.TAPevents.mil/Resources

SPOUSE RESOURCES:

LinkedIn Premium for Military Spouses **Spouse Education and Career Opportunities Transition Employment Assistance for** Military Spouses (TEAMS)

- **D** Ensure you have multiple certified copies of your DD 214 (Certificate of Release or Discharge from Active Duty) in a fireproof place
- Ensure your VA benefits contact information is updated with your current phone number, email, and address
- Continue to network and stay involved on LinkedIn and other social media sites
- Register for the VA burial pre-need program
- □ Apply for VA Dental Insurance (if applicable)
- Apply for Veterans ID card, Veteran's Health Identification Card
- Utilize Military OneSource (up to 365 days posttransition)

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