

## Resources for Overseas Vets

### Crisis Line:

In Europe Call 00800 1273 8255 or DSN 118

<https://www.veteranscrisisline.net/get-help-now/chat/>

**Make the Connection** an online resource designed to connect Veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

<https://www.maketheconnection.net/>

**Rally Point** a social network by, for, and about service members and veterans. Peer counseling. Job placement. Mentorship. The largest social network from the military helping you lead your best life.

<https://www.rallypoint.com/>

**REACH:** designed for Veterans to proactively seek support and resources. If you're a family member or a friend, you can also find resources that are designed specifically for the Veteran in your life.

<https://www.va.gov/REACH/>

**VA Launchpad App:** Organizes VA apps to help you more easily find the tools VA has made available for you. Links to new apps automatically appear in the VA Launchpad when they become available. You can also provide feedback directly to VA within VA Launchpad.

<https://mobile.va.gov/app/va-launchpad-veterans>

**Vet Center Call Center** talk about your military experience or other concerns during your transition from military to civilian life. The team is comprised of Veterans as well as family members of Veterans.

Call 1-877-927-8387, 24/7 to reach the Vet Center Call Center

<https://www.vetcenter.va.gov/media/Call-Center-PSA.asp>

### Veterans Living Overseas fact sheet:

<https://benefits.va.gov/PERSONA/veteran-abroad.asp>

### For general benefit questions and assistance:

Call us at (412) 395-6272 from 8 a.m. to 9 p.m., Eastern Standard Time, Monday through Friday.

Send us an email using the Ask VA. <https://ask.va.gov/>

### For questions related to education benefits:

Call us at (918) 781-5678 from 8 a.m. to 7 p.m., Eastern Standard Time, Monday through Friday.

### For help related to international direct deposit and currency conversion:

Call us at (918) 781-7550 from 9 a.m. to 5:30 p.m., Eastern Standard Time, Monday through Friday.

Send us an email at [DIRECTD.VBAMUS@VA.GOV](mailto:DIRECTD.VBAMUS@VA.GOV).

### To speak to a benefits representative at an American Embassy or American Consulate:

<https://www.ssa.gov/foreign/foreign.htm> This page provides a list of Federal Benefits Units who have specially trained staff who can provide a full range of VA benefits assistance to include claim submissions.

### To speak to a VA Overseas Military Services Coordinator:

[https://www.benefits.va.gov/benefits/oms\\_Coordinators.asp](https://www.benefits.va.gov/benefits/oms_Coordinators.asp) This page provides the email contact information for VA Overseas Military Services Coordinators who provide a full range of VA benefits assistance.

### To find an accredited representative to help you manage and apply for benefits:

Use <https://www.va.gov/ogc/apps/accreditation/index.asp> to locate a recognized representative from a Veterans Service Organization, attorney, or claims agent by state/territory, zip code, or by the organization's name.