

TRANSITION ASSISTANCE PROGRAM INTERAGENCY WEBSITE GUIDE

Effective October 2023













Visit https://www.TAPevents.mil/Assets/ResourceContent/TAP/TAP Interagency Website Guide.pdf to access and download this resource guide online.

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All websites, URLs and screen shots within this guide are active at the date of publication. However, URLs and web content are subject to change without notice, and users of this guide are advised to follow links to confirm information is of the latest version.

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How to Use This Guide

Welcome to the Transition Assistance Program (TAP) Interagency Website Guide!

This guide was created to support the courses presented throughout TAP. The resources listed in this document have been reviewed by the TAP Interagency partners as possible sources of assistance to transitioning service members, veterans, family members, and caregivers.

The guide is designed to help you quickly find and access the many online resources discussed throughout TAP and is organized alphabetically by major topic headings.

To find specific links related to a subject of interest:

- Use the **Search** field in the menu bar of your PDF reader
 OR
- Use the **Find** function by pressing "CTRL+F"
- Enter the subject-related keywords or organization names into the search field for your desired topic

EXAMPLE

RESOURCE	DESCRIPTION	URL	AGENCY
EMPLOYMENT	<u>-</u>		
EMPLOYMENT			
First resource example name	Describe the resource	https://www.example.mil	Agency acronym
Second resource	Order resources in alphabetical	https://www.url.mil	Agency acronym

Note that the AGENCY column in the example specifies which agencies oversee or use the website in their respective TAP course(s). The table below matches each TAP course to the agency responsible for its development. If you're looking for websites presented in a specific course, locate the relevant topic heading and agency designation within the guide.

AGENCY	TAP COURSE(S)
DOD = Department of Defense	FP = Financial Planning for Transition MYT = Managing Your Transition MOC = MOC Crosswalk MYE = Managing Your Education
DOL = Department of Labor	EFCT= Employment Fundamentals of Career Transition DOLEW = Department of Labor Employment Workshop C2E = Career and Credential Exploration WWCEW = Wounded Warrior and Caregiver Employment Workshop
VA = Department of Veterans Affairs	VABAS = VA Benefits and Services
SBA = Small Business Administration	B2B = Boots to Business

RESOURCE DESCRIPTION	URL	AGENCY	
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TAP RESOURCES

Department of Defense	DOD TAP	www.DoDTAP.mil	DOD
Department of Education	Programs supporting veterans.	https://www2.ed.gov/about/offices/list/ope/supporting-veterans.html	ED
Department of Labor	DOL TAP	https://www.dol.gov/agencies/vets/programs/tap	DOL
Department of Veterans Affairs	VA TAP	https://benefits.va.gov/transition	VA
Small Business Administration	Office of Veteran Business Development	https://www.sba.gov/about-sba/sba- locations/headquarters-offices/office-veterans-business- development	SBA
Transition Assistance Participant Assessment	Assessment tool for TAP courses.	https://www.dodsurveys.mil/tap	DOD
Transition Online Learning	Online courses and participant guides for TAP and Military Lifecycle Courses (MLC).	https://www.TAPevents.mil/courses https://www.TAPevents.mil/resources	DOD
VA Solid Start	Attempts to contact veterans 90-, 180-, and 365-days post-separation.	www.benefits.va.gov/benefits/solid-start.asp Call: 1-800-827-0611	VA
Yellow Ribbon Reintegration Program (YRRP)	Resources for National Guard and Reserve members, their families, and communities, to use throughout the deployment cycle.	https://www.yellowribbon.mil/	DOD

MILITARY SERVICES

Air Force/Space Force	Military and Family Readiness Centers	https://www.afpc.af.mil/Airman-and-Family/Transition- Assistance-Program/	DOD
Army	Army Transition Centers	www.armytap.army.mil	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Coast Guard	Health, Safety, and Work-Life Services Center	https://www.dcms.uscg.mil/Our-Organization/Assistant- Commandant-for-Human-Resources-CG-1/Health- Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG- 111/Work-Life-Field-Offices/	DOD
Marine Corps	Career Resource Centers	https://www.usmc-mccs.org/services/career/transition-readiness	DOD
Navy	Fleet and Family Support Centers	https://www.cnic.navy.mil/ffr/family readiness/fleet and family support program/work-and-family-life/transition assistance/	DOD

CAREER PLANNING

Apprenticeships	Connects career seekers, employers, and education partners with apprenticeship resources.	www.apprenticeship.gov	DOD
Apprenticeships (DOL)	General information about apprenticeships and contact information for regional and local state apprenticeship agencies.	https://www.dol.gov/agencies/eta/apprenticeship	DOL
Army Career Skills Program	Employment skills training, on- the-job training, pre- apprenticeships, and internships for transitioning soldiers.	https://home.army.mil/imcom/index.php/customers/career-skills-program	DoD
Bureau of Labor Statistics	Occupational Outlook Handbook with occupation descriptions.	www.bls.gov/ooh/	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Career Seekers	Resources on apprenticeships for career seekers and employers, including specific information for military members and veterans.	https://www.apprenticeship.gov/career-seekers https://www.apprenticeship.gov/career-seekers/service-members-and-veterans	DOL
CareerScope®	Self-administered career assessment tool that measures aptitude, interests, and work values.	https://dol-vets.careerscope.net/assessment	DOL
Community College of the Air Force (CCAF) Transcript	Instructions to request a transcript from the Community College of the Air Force.	http://www.airuniversity.af.mil/Barnes/CCAF/	DOD
Credentialing Opportunities On-Line (COOL)	Resources to help Service members attain a civilian credential by matching military occupations to civilian credentials (occupational certifications, licenses, and apprenticeships).	DOD: https://www.cool.osd.mil Army: https://www.cool.osd.mil/army/ Marine Corps: https://www.cool.osd.mil/usmc/ Navy: https://www.cool.osd.mil/usmc/ Air and Space Force: https://afvec.us.af.mil/afvec/af-cool/welcome Coast Guard: https://www.cool.osd.mil/uscg/	DOD
DANTES Kuder Career Interests Assessment®	Assessment to determine interests, skills, and work values. Results can be used to build a personal career plan and explore occupational information.	https://dantes.kuder.com/landing-page	DOD
Department of Labor – Veteran Resources	Employment resources for transitioning Service members and veterans.	https://www.dol.gov/agencies/vets VETS Regional Offices: https://www.dol.gov/agencies/vets/about/regionaloffices	DOL
Employee Summary Sheet (ESS-CG)	Accessible for active-duty USCG personnel only with a Common Access Card (CAC).	https://cgbi.osd.uscg.mil/	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Joint Services Transcript (JST)	Document to validate military occupational experience and training and provide the corresponding college credit recommendations.	https://jst.doded.mil/	DOD
Career One Stop Licensing/Certification/ Training	Tools to explore certifications and licenses by occupation or industry and find training programs, schools, or college majors in the U.S.	Certification Finder: www.careeronestop.org/Toolkit/Training/find- certifications.aspx License Finder: www.careeronestop.org/Toolkit/Training/find- licenses.aspx	DOL
		Find Training: www.careeronestop.org/FindTraining/	
MilGears	Suite of tools that provide custom results and documentation for career planning.	https://milgears.osd.mil/	DOD
My Next Move for Veterans	Tools to explore and compare civilian career opportunities.	https://www.mynextmove.org/vets/	DOL
mySkills myFuture	Finds careers that match skills from past jobs.	https://www.myskillsmyfuture.org/	DOL
O*NET Interest Profiler	Self-assessment to determine interests and explore careers related to those interests.	https://www.mynextmove.org/explore/ip	DOL
O*NET Online	Search based on goals and needs for over 900+ occupations with detailed descriptions.	https://www.onetonline.org/	DOL
Off-Base Transition Training (OBTT)	Employment workshops conducted off base for veterans, National Guard and Reservists, and their spouses.	https://www.dol.gov/agencies/vets/programs/tap/off-base-transition-training	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Personalized Career Planning and Guidance (PCPG)	Free educational and career guidance, planning, and resources.	https://www.va.gov/careers-employment/education- and-career-counseling/	VA
U. S. Coast Guard (USCG) Record of Professional Development (CG-4082)	Optional form that documents all significant education, training, and qualifications for USCG officers.	Request from Admin	DHS
United States Military Apprenticeship Program (USMAP)	Search for apprenticeships based on current military occupation.	https://usmap.osd.mil/index.htm	DOD
Verification of Military Training and Experience (VMET)	Complete history of military training and work experience for all Services except USCG.	https://milconnect.dmdc.osd.mil/milconnect/public/faq/ Training-VMET	DOD

DISABILITY/WOUNDED, ILL, & INJURED

Adaptive Tools for Service Members	Resource for assistive technology and devices that provide reasonable accommodations to support individuals with disabilities and wounded, ill, and injured Service members throughout DoD.	https://www.cap.mil/	DOD
American with Disabilities Act (ADA)	Comprehensive information on an individual's rights and responsibilities under the ADA.	https://www.ada.gov/	DOL
Benefits Delivery at Discharge (BDD)	How to file a claim for disability benefits 180 to 90 days before leaving the military.	https://www.va.gov/disability/how-to-file-claim/when-to-file/pre-discharge-claim/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
	How to file a claim for disability		
Fully Developed Claim (FDC)	benefits 89 days or less before separation from active duty.	https://www.va.gov/disability/how-to-file- claim/evidence-needed/fully-developed-claims/	VA
Job Accommodation Network (JAN)	Free and confidential guidance on job accommodations and disability employment issues.	https://askjan.org/index.cfm Disability disclosures: https://askjan.org/topics/Disability-Disclosure.cfm	DOL
Office of Disability Employment Policy (ODEP)	Non-regulatory federal agency that promotes policies and coordinates with employers and all levels of government to increase workplace success for people with disabilities.	https://www.dol.gov/agencies/odep	DOL
Office of Federal Contract Compliance Programs	Guidance on Section 503 of the Rehabilitation Act of 1973 regarding discrimination in employment against individuals with disabilities.	https://www.dol.gov/agencies/ofccp/section-503	DOL
OPM Fact Sheet: Disabled Veteran Leave	Leave entitlement, definitions, employee coverage, and other facts related to disabled veteran leave.	https://www.opm.gov/policy-data-oversight/pay-leave/leave-administration/fact-sheets/disabled-veteran-leave/	DOL
Understanding Your Employment Rights Under the Americans with Disabilities Act (ADA): A Guide for Veterans	Veteran-specific information regarding employments rights under the ADA.	https://www.eeoc.gov/laws/guidance/understanding- your-employment-rights-under-americans-disabilities- act-guide-veterans	DOL
VA Disability	Information on VA disability pay for veterans who got sick or injured while serving in the military.	https://www.va.gov/disability/	VA

EDUCATION

EDUCATION			
8 Keys to Veterans' Success	Voluntary initiative that highlights ways for colleges to support veterans and Service members in their transition to higher education.	https://www.ed.gov/veterans-and-military-families/8-keys-success-sites	DOD
Accredited Schools Online	Focuses on school accreditation for colleges, universities, trade schools, and online programs.	https://www.accreditedschoolsonline.org/	DOL
ACE National Guide to College Credit for Workforce Training	College credit recommendations for formal courses or examinations offered by various organizations to include the government and military.	https://www.acenet.edu/national- guide/Pages/default.aspx	DOD
Air Force Virtual Education Center (AFVEC)	Information for Air Force personnel seeking to use educational benefits and online services for funding requests.	https://afvec.us.af.mil/afvec/public/welcome	DOL
Air University Associate-to- Baccalaureate Cooperative (AU-ABC)	Establishes partnerships between Air University and civilian institutions to provide students who have associate degrees from the Community College of the Air Force with on-line bachelor's degree opportunities.	https://go.usa.gov/xshtP	DOD
American Council on Education (ACE) Military Guide	Provides credit recommendations for military training and experience to apply toward a degree.	http://www.acenet.edu/news-room/Pages/Military- Guide-Online.aspx	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
ArmyIgnitED	Education portal for soldiers, cadets, and Army civilians to request financial assistance for courses.	https://www.armyignited.army.mil/student/public/welcome	DOD
Cappex	Free scholarship search platform for finding scholarships.	https://www.cappex.com/scholarships	DOD
College Board's Scholarship Search	Free scholarship search platform for finding scholarships, grants, and awards.	https://bigfuture.collegeboard.org/scholarship-search	DOD
College Financing Plan	Information on how to use the College Financing Plan when making financial aid decisions.	https://www2.ed.gov/policy/highered/guid/aid- offer/index.html	DOD
College Navigator	Department of Education website to help students get information on over 7,000 U.S. colleges.	http://nces.ed.gov/collegenavigator/	DOD
College Recon	Provides college education benefits for military Service members and veterans.	https://collegerecon.com/	DOD
College Scorecard	Provides key information about institutions of higher education.	https://collegescorecard.ed.gov/	DOD
College-Level Examination Program (CLEP)	Program that allows students to earn college credit or advanced placement by demonstrating mastery of introductory college-level material	https://clep.collegeboard.org/register-for-an-exam/military-how-to-register-under-dantes	DOD
Community College of the Air Force (CCAF)	Federally chartered academic institution that serves enlisted members of the U. S. Air Force.	http://www.airuniversity.af.mil/Barnes/CCAF/	DOD
Community College of the Air Force	Website to request CCAF transcripts.	https://go.usa.gov/xAqdh/	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Council for Higher Education Accreditation (CHEA) and U.S. Department of Education	Database of accredited institutions of higher education.	https://www.chea.org/search-institutions	DOD
Coursera	Courses, professional certificates, and degrees from world-class universities and companies. NOTE: Some degrees and projects have an associated fee.	https://www.coursera.org/	DOL
DANTES Subject Standard Tests (DSST)	College subject tests that allow college credit for knowledge acquired outside traditional classrooms.	https://www.dantes.doded.mil/EducationPrograms/get- credit/creditexam.html	DOD
Debt Management Center	Guide for managing your VA debt incurred by benefit overpayments and copay bills.	https://www.va.gov/debtman/	VA
Defense Activity for Non- Traditional Education Support (DANTES)	No-cost education and career- planning programs for U.S. Armed Forces military members.	www.dantes.doded.mil	DOD
Department of Education, Federal Aid	Information and resources on federal aid to include the Free Application for Student Aid (FAFSA), loans and grants, loan repayment, and loan forgiveness.	https://studentaid.gov/	DOD
Diploma Mills and Accreditation Information	Information on how to be an informed consumer when choosing a higher education institution.	https://www2.ed.gov/students/prep/college/diplomamills/diploma-mills.html	DOL
Edith Nourse Rogers STEM Scholarship	Information on additional benefits for training in high-demand STEM fields.	https://www.va.gov/education/other-va-education-benefits/stem-scholarship/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Entrance Exam Preparation	Sites that offer preparation for undergraduate and graduate school entrance exams.	SAT: https://collegereadiness.collegeboard.org/sat/practice ACT: www.actstudent.org/testprep GRE: www.ets.org/gre GMAT: www.mba.com LSAT: https://www.lsac.org/lsat MCAT: https://students-residents.aamc.org DAT: https://www.ada.org/education/testing/exams/dental-admission-test-dat	DOD
Fast Web	Free scholarship search platform that connects students to scholarships and financial aid tools.	https://www.fastweb.com/	DOD
Consumer Financial Protection Bureau	Site to submit a complaint about a financial product or service to include student loans	https://www.consumerfinance.gov/complaint	DOD
Federal Student Aid Complaints	Site to submit a complaint about an issue, suspicious activity, or scam or review an already-submitted Federal Student Aid case.	https://studentaid.gov/feedback-center/	DOD
Federal Student Aid's "Avoiding Scams" website	Resources to avoid student aid scams.	https://studentaid.gov/resources/scams	DOD
Financial Aid Fraud	Website to report fraud, scams, and bad business practices.	https://reportfraud.ftc.gov/#/	DOD
Fraudulent Activity by a College	Site to report fraud, waste, abuse, mismanagement, or violations of laws and regulations involving Department of Education funds or programs.	https://www2.ed.gov/about/offices/list/oig/hotline.html Contact the Inspector General's Hotline at 1-800-MIS-USED	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Free Application for Federal Student Aid (FAFSA®)	Free application used to determine eligibility for federal student aid and other funds to pay for higher education.	https://studentaid.gov/fafsa	DOD
Future of GI Bill [®] Series	Guides for choosing your education pathway and understanding your benefits.	Part 1: https://benefits.va.gov/GIBILL/docs/GIBguideseries/Ch ooseYourEducationPathway.pdf Part 2: https://www.benefits.va.gov/GIBILL/docs/GIBguideseries/ChooseYourEducationBenefits.pdf	VA
GI Bill® Benefits	Specific information on using GI Bill® benefits.	https://www.va.gov/education/about-gi-bill- benefits/how-to-use-benefits/	VA
GI Bill® Comparison Tool	Key information about college affordability and value.	https://www.va.gov/gi-bill-comparison-tool	VA
GI Bill [®] Education and Training	Overview of GI Bill® benefits.	https://www.va.gov/education	VA
GI Bill® Feedback	Site to submit feedback to VA about school or training facilities that receive GI Bill® benefits.	https://www.va.gov/education/submit-school-feedback/introduction	VA
Guard/Reserve Obligations- Mobilization/Activation	Information on readmission requirements for service members.	https://www.govinfo.gov/content/pkg/PLAW- 110publ315/pdf/PLAW-110publ315.pdf (Section20USC 1091c, pages 214-217)	DOD
Guide to Colleges	General information on choosing and attending a college.	www.careeronestop.org/FindTraining/Types/college.aspx	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Joint Service Transcript (JST)	Request copies of the JST—a document to validate military occupational experience and training and provide the corresponding college credit recommendations.	https://jst.doded.mil/jst/	DOD
JST Corrections	Request corrections on the JST.	https://jst.doded.mil/correction.html	
Montgomery GI Bill® Active Duty (MGIB-AD)	MGIB-AD information on eligibility, benefits, and how to apply.	https://www.va.gov/education/about-gi-bill-benefits/montgomery-active-duty/	VA
Montgomery GI Bill® Selected Reserves (MGIB- SR)	MGIB-SR information on eligibility, benefits, and how to apply.	https://www.va.gov/education/about-gi-bill-benefits/montgomery-selected-reserve/	VA
National Security Education Program (NSEP) Grants	Grants for students pursuing higher education in critical languages.	https://dlnseo.org/Programs/Veterans	DOD
Navy College Program	Information on the Naval Education and Training Professional Development Center.	https://www.navycollege.navy.mil/	DOD
Online Academic Skills Course (OASC)	Aids in preparation for college entrance exams and college-level course work.	https://dantes.petersons.com	DOD
Overview of Post-9/11 GI Bill®	Eligibility and benefits information on the Post-9/11 GI Bill [®] .	https://www.va.gov/education/about-gi-bill-benefits/post-9-11/	VA
Peterson's Scholarship Search	Free scholarship search platform for finding scholarships, grants, and awards.	https://www.petersons.com/scholarship-search.aspx	DOD
Principles of Excellence	Guidelines for educational institutions receiving federal funding.	https://www.va.gov/education/choosing-a-school/principles-of-excellence/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Responsible Borrowing	Video on factors to consider when taking out loans for college.	https://www.youtube.com/watch?v=mTHtn0FRMWw	DOD
Scholarships for Military Children	Information on scholarships for military children.	https://fisherhouse.org/programs/scholarship- programs/	DOD
Scholarships for Military Families	Federal and non-profit college resources for military-affiliated persons.	https://studentaid.gov/understand-aid/types/military	DOD
State Aid and Scholarships	Contact information for individual states to research state-sponsored scholarships and grants.	http://www2.ed.gov/about/contacts/state/index.html	DOD
State/Local Education Benefits for Veterans	Online guide for state veteran education benefits and their dependents.	https://www.military.com/education/money-for-school/state-veteran-benefits.html	DOD
Survivors' and Dependents' Educational Assistance (DEA)	Information on assistance to pay for school or training for eligible survivors and dependents.	https://www.va.gov/education/survivor-dependent-benefits/dependents-education-assistance/	VA
Transfer GI Bill® Benefits	Information on transferring unused Post-9/11 GI Bill® benefits to a spouse or dependent children.	https://www.va.gov/education/transfer-post-9-11-gi-bill-benefits/	VA
Tuition Assistance Top Up	Guidance on using GI Bill® funds to cover the difference between the full cost of a college course and the amount covered by active-duty Tuition Assistance.	https://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/tuition-assistance-top-up/	VA
U.S. Department of Education Database of Accredited Postsecondary Institutions and Programs	Information on accreditation for educational institutions.	https://ope.ed.gov/dapip/#/home	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
U.S. Department of Education Office of Inspector General Hotline	Hotline to report identity theft related to applying for financial aid.	https://oig.ed.gov/oig-hotline	DOD
U.S. Department of Education's Office for Civil Rights	Information about the rights of students with disabilities and services that may be available.	www.ed.gov/ocr	DOD
Upward Bound Program	Program designed to assist veterans in the development of academic and other skills required for success in postsecondary education.	https://www2.ed.gov/programs/triovub/index.html	DOD
USMC Voluntary Education	Personal and professional learning opportunities for the Marine Corps community.	https://www.usmc- mccs.org/services/education/voluntary-education/	DOD
VA Acquisition Academy (VAAA)	Training and development program for veterans with a Service-connected disability to transition into a new career in the federal government.	https://www.acquisitionacademy.va.gov/	VA
VA Education	GI Bill® information including eligibility, benefits, and how to apply.	https://www.va.gov/education/	VA
VA Education and Training Benefits for Spouses and Dependents MLC	Information about VA education benefits for family members.	https://TAPevents.mil/courses/95	VA
VA Education Benefits Application Process	Application process for VA education benefits.	https://www.va.gov/education/apply-for-education-benefits/application/1990/introduction	VA
VA Education Benefits MLC	Course on DOD and VA education benefits to include GI Bill® Post-9/11 benefits.	https://TAPevents.mil/courses/283	VA

RESOURCE	DESCRIPTION	URL	AGENCY
VA Resident Rate Requirements	Information on requirements for colleges to charge in-state tuition and fees to covered individuals.	http://www.benefits.va.gov/gibill/post911 residentrater equirements.asp	VA
VA Work Study	Part-time work opportunities for eligible student veterans.	https://www.va.gov/education/about-gi-bill- benefits/how-to-use-benefits/work-study/	VA
Veteran Employment Through Technology Education Courses (VET TEC)	Training program to advance veterans in high-tech industry careers.	https://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/vettec-high-tech-program/	VA
Veteran Readiness and Employment (VR&E)	Assistance for veterans with Service-connected disabilities to explore employment options and address education and training needs.	https://www.va.gov/careers-employment/vocational-rehabilitation/	VA
Veterans Integration to Academic Leadership (VITAL)	Aids with transition by collaborating with the local VA Medical Center, Veterans Benefits Administration, campus faculty and staff, and community resources.	https://www.mentalhealth.va.gov/student- veteran/vital-program.asp	VA
Veterans Upward Bound	Pre-college program designed to assist veterans in developing academic and other skills needed to be successful in postsecondary education.	https://www2.ed.gov/programs/triovub/index.html	DOD
VetSuccess on Campus (VSOC)	Supports veterans and Service members who are transitioning from military to college life and certain qualified dependents with rehabilitation counselors.	https://www.va.gov/careers-employment/vetsuccess- on-campus/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Web Enabled Approval Management System (WEAMS) Institution Search	Tool to help veterans, Service members, and eligible dependents identify schools and programs that are approved to accept GI Bill® benefits.	https://inquiry.vba.va.gov/weamspub/buildSearchInstitutionCriteria.do	VA
Yellow Ribbon Program (YRP)	Provides funds to cover higher tuition costs for private, foreign, or graduate schools, including fees not covered by the Post-9/11 GI Bill®.	https://www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/ https://www.va.gov/education/yellow-ribbon-participating-schools	VA

EMPLOYMENT

EMPLOYMENT RESOURCES

American Job Centers (AJC)	Department of Labor source for career exploration, training, and jobs with specialized information and resources for military members and veterans.	https://www.careeronestop.org/LocalHelp/AmericanJob Centers/american-job-centers.aspx	DOL
DOL Wage and Hour Division	Information about employee rights to fair labor standards and respect in the workplace.	https://www.dol.gov/agencies/whd	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
DoD SkillBridge	Industry partners with opportunities in a variety of fields offer real-world training and work experience in high-demand fields for service members who have 180 days or fewer of service remaining prior to their date of military discharge	https://skillbridge.osd.mil/	DoD
Employee Benefits Security Administration (EBSA) for Employee Retirement Income Security Act of 1974 (ERISA)	Information on laws to protect the interests of participants and their beneficiaries in employee benefit and retirement plans.	https://www.dol.gov/agencies/ebsa/workers-and-families	DOL
Fair Labor Standards Act (FLSA)	Information about the Wages and the Fair Labor Standards Act.	https://www.dol.gov/agencies/whd/flsa	DOL
Family Medical Leave Act (FMLA)	Guide to the Family and Medical Leave Act.	https://www.dol.gov/agencies/whd/fmla https://www.dol.gov/sites/dolgov/files/WHD/legacy/files/employeeguide.pdf	DOL
Feds Hire Vets	Federal employment information for veterans.	https://www.fedshirevets.gov/	DOL
Glassdoor	Reviews of companies from past and present employees.	https://glassdoor.com/index.htm	DOL
Hire Vets	Department of Labor program that recognizes a company or organization's commitment to veteran hiring, retention, and professional development.	www.hirevets.gov	DOL
Indeed	Website of job postings, company reviews, and salary information.	https://www.indeed.com	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
OPM - Policy, Data, Oversight	Information on pay and leave for federal employees.	https://www.opm.gov/policy-data-oversight/pay-leave/salaries-wages/	DOL
OPM Federal Hiring Course	List of federal hiring events and trainings.	www.usajobs.gov/notification/events	DOL
Reemployment Services and Eligibility Assessment (RESEA) Program	Program to provide support in the development of an individual reemployment plan, customized career and labor market information, and information and access to other AJC services and resources.	https://www.dol.gov/agencies/eta/american-job- centers/RESEA	DOL
Society for Human Resource Management (SHRM)	Source for news and trends in human resource management. Membership required for full access.	https://www.shrm.org/pages/default.aspx	DOL
Transition to Federal Hiring Training Course	Online course for anyone seeking employment with the federal government.	https://TAPevents.mil/courses	DOL
Troops to Teachers Program Guide	Program focuses on providing low-income schools with quality teachers.	https://www.accreditedschoolsonline.org/education-teaching-degree/troops-to-teachers/	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
U.S. Equal Employment Opportunity Commission (EEOC)	Information on employees' rights and responsibilities.	https://www.eeoc.gov/laws/guidance/veterans-and-americans-disabilities-act-guide-employers Age Discrimination https://www.eeoc.gov/laws/guidance/fact-sheet-age-discrimination Disability Discrimination https://www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination National Origin Discrimination https://www.eeoc.gov/laws/guidance/fact-sheet-national-origin-discrimination Religious Discrimination https://www.eeoc.gov/laws/guidance/fact-sheet-religious-discrimination	DOL
Unemployment Compensation	Information on filing a claim for unemployment compensation.	www.careeronestop.org/veterans/toolkit/find- unemployment-benefits.aspx	DOL
Unemployment Compensation for Ex- servicemembers (UCX)	Explains benefits for eligible ex-military personnel.	www.servicelocator.org/OWSLinks.asp	DOL
Uniformed Services Employment and Reemployment Rights Act (USERRA)	Information for employers on USERRA and military members experiencing Service-connected problems with civilian employment.	https://www.dol.gov/agencies/vets/programs/userrawww.esgr.mil	DOL
VA for VETS	Employment assistance for veterans, military spouses, and transitioning Service members seeking jobs at VA and other federal agencies.	https://www.vaforvets.va.gov/	VA

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RESOURCE	DESCRIPTION	URL	AGENCY
VA's Warrior Training Advancement Course (WARTAC)	SkillBridge opportunity to become a VA Veteran Service Representative (VSR).	https://benefits.va.gov/transition/WARTAC.asp	VA
Veteran and Military Transition Center	One-stop website for employment, training, and financial help after military Service.	www.careeronestop.org/veterans	DOL
Veterans Employment Program Office (VEPO)	Promotes veterans' recruitment, employment, training and development, and retention for federal agencies.	https://www.fedshirevets.gov/veterans-council/agency-directory/	DOL
INTERNSHIPS			
AmeriCorps	Program descriptions and application for national community service opportunities.	www.nationalservice.gov/programs/americorps	DOL
Pathways at VA	VA and federal government recruitment program for students, recent graduates, and entry-level employees.	https://www.va.gov/employee/pathways-va/	VA
Presidential Management Fellows (PMF)	Program for individuals who have received a qualifying advanced degree within the	www.pmf.gov/	DOL

opportunities

preceding two years.

management, policy,

Federal government

preparation.

internships.

U.S. Chamber of Commerce

Internship Program

USAJOBS Pathways

Internship opportunities in research, writing, database

communications, and event

DOL

DOL

www.uschamber.com/about-us/careers/internship-

www.usajobs.gov/StudentsAndGrads

RESOURCE DESCRIPTION	URL	AGENCY	
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JOB BOARDS / JOB SEARCH ENGINES

CareerBuilder®	Career advice, salary information, and job board.	https://hiring.careerbuilder.com/	DOL
CareerOneStop	DOL resource for career exploration, training, and jobs.	www.careeronestop.org/JobSearch/job-search.aspx	DOL
ClearedJobs.Net	Site for professionals seeking careers in the defense, intelligence, and cyber security communities that require a security clearance.	https://clearedjobs.net/	DOL
ClearanceJobs®	Job board for professionals with federal government security clearances. NOTE: Free membership required to join.	https://www.clearancejobs.com/	DOL
Corporate Gray	Military-focused job fairs and career transition services for veterans.	https://www.corporategray.com/	DOL
CrunchBoard/TechCrunch	Job board for jobs in the tech industry.	https://www.crunchboard.com/	DOL
Dice [®]	Job board for information technology and engineering professionals and contract and permanent engineering staffing firms.	https://www.dice.com/	DOL
Flex Jobs	Site to find vetted remote, work from home, and flexible job opportunities. NOTE: Requires paid membership account to access full listing and apply for jobs.	https://www.flexjobs.com/	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Health eCareers	Job board and career resources for healthcare providers. <i>NOTE:</i> Fees associated with Premium Service subscription.	https://www.healthecareers.com/	DOL
HigherEdJobs	Source for careers in academia.	https://www.higheredjobs.com/	DOL
JobPaths.com	Job postings, trainings, and mentors for job seekers with some resources tailored to transitioning Service members and veterans.	https://jobpaths.com/	DOL
Military.com	Veteran job board to find jobs with military-friendly companies, build and post a civilian resume, and network with veterans.	https://www.military.com/veteran-jobs	DOL
MilitaryHire	Job board to register, upload a resume, and search/apply for jobs.	https://www.militaryhire.com/	DOL
National Labor Exchange (NLx)	Database of job openings in public, private, and nonprofit organizations.	https://usnlx.com/	DOL
National Labor Exchange (NLx) – Virtual	Search remote & virtual employment by job title or keywords and city, state, or country. NOTE: Free for job seekers.	https://virtualjobs.usnlx.com/	DOL
Navy Morale, Welfare, and Recreation (MWR) Jobs	Job listings for positions in Navy Morale, Welfare and Recreation (MWR) centers.	https://www.navymwr.org/careers	DOL
Non-Appropriated Fund (NAF) Jobs	NAF job postings at base locations world-wide.	https://www.nafjobs.org/	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Stars and Stripes Veteran Job Center	News media inside the Department of Defense that provides a job board for veterans.	https://veteranjobs.stripes.com/	DOL
State Job Banks	State-specific job banks with geographic search function.	https://www.careeronestop.org/JobSearch/FindJobs/sta te-job-banks.aspx	DOL
U.S. Department of Labor Veteran's Portal	Veterans' Employment and Training Service job board. Select the <i>Find a Job</i> link to find jobs.	https://www.dol.gov/agencies/vets	DOL
The Balance	List of the sites to find gig jobs.	https://www.thebalancesmb.com/best-sites-to-find-gig-jobs-4150364	DOL
USA Jobs	Federal government's official employment site.	www.usajobs.gov	DOL
VA Careers	Job board for careers in VA's health care system and support services.	https://vacareers.va.gov/	VA
Virtual Job Search	National Labor Exchange job board offering remote and virtual employment.	https://virtualjobs.usnlx.com/	DOL
VirtForce	Remote jobs for the military community. NOTE: Must create an account. Free for job seekers.	https://virtforce.us/	DOL
ZipRecruiter®	Job search site for a wide variety of careers.	https://www.ziprecruiter.com/	DOL
JOB FAIRS / HIRING EVEN	TS		
Military.com	Database of upcoming job fairs searchable by state.	https://www.military.com/veteran-jobs/career- advice/upcoming-job-fairs	DOL
U.S Chamber of Commerce Foundation - Hiring Our Heroes	Job board, hiring event calendar, fellowship programs, education, and networking for military-affiliated persons.	https://www.hiringourheroes.org	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
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LABOR MARKET INFORMATION

LABOR MARKET INFORMATION			
Bureau of Labor Statistics	Site for comprehensive and upto-date Labor Market Information.	www.bls.gov/ Employment Projections https://www.bls.gov/emp/ Resources for jobseekers www.bls.gov/audience/jobseekers.htm Wage data, Occupational Employment Statistics https://www.bls.gov/oes/	DOL
CareerOneStop	Career, training, and job search website for the U.S. Department of Labor. The website serves job seekers, businesses, students, and career advisors with a variety of online tools, information, and resources.	https://www.careeronestop.org/ Learn About Careers https://www.careeronestop.org/ExploreCareers/Learn/le arn-about-careers.aspx Occupation Comparison https://www.careeronestop.org/ExploreCareers/Learn/c ompare-occupations.aspx Skills Matcher https://www.careeronestop.org/Toolkit/Skills/skills- matcher.aspx State and Local Tools https://www.careeronestop.org/Toolkit/StateAndLocal/s tate-and-local.aspx	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
National Labor Exchange (NLx)	Database of job openings in public, private, and nonprofit sector organizations. Results can be filtered to display HIRE Vets Medallion winner employers.	https://usnlx.com/	DOL
O*NET	Tool for career exploration and job analysis; includes detailed descriptions of the world of work.	O*NET Bright Outlook occupations https://www.onetonline.org/find/bright O*NET Online https://www.onetonline.org/	DOL
Projections Central	State employment projections.	https://www.projectionscentral.com/	DOL

MILITARY-TO-CIVILIAN TERMINOLOGY TRANSLATION

CareerOneStop	Translation of military terms.	https://www.careeronestop.org/Veterans/JobSearch/ResumesAndApplications/translating-military-terms.aspx	DOL
Indeed.com	Military-to-civilian title translations.	https://www.indeed.com/career-advice/resumes-cover-letters/military-to-civilian-job-title-translations	DOL
Military.com	Military to civilian resume translation.	https://www.military.com/veteran-jobs/career-advice/translating-military-skills-into-resume.html	DOL

OVERSEAS EMPLOYMENT

<u>IMPORTANT:</u> There are many legal, tax, and security-related issues to address when considering working outside of the United States. The resources provided here, while potentially useful and valuable, should not be considered definitive in all cases. It is recommended that you carefully consider each resource and consult with the appropriate U.S. and International authorities.

Department of Labor – Government of Guam	Guam's central facility for employment, training, and	https://dol.guam.gov/	DOL	
Government or Guant	related services.			

RESOURCE	DESCRIPTION	URL	AGENCY
EasyExpat.com	Information for expatriates— guides with information on international removal, visa, passport, jobs, insurance for expatriates, and schools.	https://www.easyexpat.com/en/index.htm	DOL
Expat Exchange	Reports about international experiences on topics such as moving, living, healthcare, retiring, culture shock, working, and more.	https://www.expatexchange.com/	DOL
Monster.com	Search and apply for jobs around the world.	https://www.monster.com/	DOL
MyArmyBenefits	Policy and procedures for soldiers completing a Permanent Change of Station (PCS) OCONUS.	https://myarmybenefits.us.army.mil/Benefit- Library/Federal-Benefits/Permanent-Change-of-Station- (PCS)-OCONUS?serv=126	DOL
MyNavyHR	Policy and procedures for military personnel wanting to take leave in a foreign country.	https://www.mynavyhr.navy.mil/Support- Services/Distribution-Management/Foreign-Leave- Travel/	DOL
U.S. Department of State	Planning information for those retiring abroad.	https://state.gov https://travel.state.gov/content/travel/en/international- travel/while-abroad/retirement-abroad.html	DOL
Veterans Administration	Information for veterans living overseas.	https://www.benefits.va.gov/persona/veteran- abroad.asp	VA
RESUME SCANNERS			
JobScan	Optimizes resumes for any job, highlighting the key experience and skills recruiters want to see.	https://www.jobscan.co/	DOL
ResyMatch	Optimizes resumes with keywords, formatting, and best practices.	https://cultivatedculture.com/resume-scanner/	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
SkillSyncer	Resume keyword scanner and job application tracker that identifies skills and keywords missing from resumes. Note: Monthly fee; offers 1 year of free use to military members, veterans, and their spouses.	https://skillsyncer.com/	DOL
SALARY RESEARCH			
Calculator.net	Converts salary amounts to their corresponding values based on payment frequency.	https://www.calculator.net/salary-calculator.html	DOL
Glassdoor.com	Salary calculator that uses real salaries from others in a specific position to calculate what your salary could be in that position.	https://www.glassdoor.com/Salaries/know-your-worth.htm	DOL
Salary Expert	Determine salary worth, research salaries, compare cost of living between two places, and see who is hiring.	https://www.salaryexpert.com/	DOL
Salary.com	Determine a salary estimate based on job title and location.	https://www.salary.com/	DOL
SmartAsset	Paycheck calculator that calculates take home pay per paycheck for both salary and hourly jobs after considering federal, state, and local taxes.	https://smartasset.com/taxes/paycheck-calculator	DOL

RESOURCE	DESCRIPTION	URL	AGENCY	
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ENTREPRENEURSHIP

DoD Procurement Technical Assistance Center Program (PTACs)	Advising program designed to help businesses succeed in public sector marketplaces.	https://www.aptac-us.org	SBA
Census Business Builder (CBB)	Suite of services that provide selected demographic and economic data from the U.S. Census Bureau.	https://www.census.gov/data/data-tools/cbb.html	SBA
DoD APEX Accelerators Program (formerly PTAC)	Focus on building the U.S. supply chain by assisting businesses that contract with DoD, federal agencies, state and local governments, and government prime contractors.	https://www.apexaccelerators.us/	SBA
Farming and Ranching	Programs and assistance for beginning farmers and ranchers ranging from farm loans to crop insurance and conservation programs.	https://www.farmers.gov/your-business/beginning-farmers https://www.usda.gov/our-agency/initiatives/veterans/veterans-and-entrepreneurship	SBA
IRS	Guidance on self-employment, Social Security, and Medicare taxes.	https://www.irs.gov/businesses/small-businesses-self- employed/self-employment-tax-social-security-and- medicare-taxes	SBA
SBA Local Assistance Locator	Guide to locate local, free or low-cost SBA counseling and training.	https://www.sba.gov/local-assistance	SBA
SBA Mentor-Protégé Program	Program to help eligible small businesses gain capacity and win government contracts through partnerships with more experienced companies.	https://www.sba.gov/federal-contracting/contracting-assistance-programs/sba-mentor-protege-program	SBA

RESOURCE	DESCRIPTION	URL	AGENCY
SBA Office Of Veterans Business Development (OVBD)	Maximizes the availability, applicability, and usability of all administration small business programs for Veterans, Service-Disabled Veterans, Reserve Component Members, and their Dependents or Survivors.	https://www.sba.gov/ovbd	SBA
SCORE	Network of volunteer business mentors share real-world knowledge.	https://www.score.org/	SBA
Small Business Administration Veteran Resources	Entrepreneurship resources for veterans.	Veterans Business Outreach Center (VBOC) www.sba.gov/vboc Office of Veterans Business Development https://www.sba.gov/about-sba/sba- locations/headquarters-offices/office-veterans-business- development https://www.sba.gov/offices/headquarters/ovbd/resourc es Boots to Business https://sbavets.force.com/s/ SBA Learning Platform https://www.sba.gov/sba-learning-platform SBA Veterans' Advantage Program https://www.sba7a.loans/sba-7a-loans-small-business- blog/sba-veterans-advantage-program	SBA

RESOURCE	DESCRIPTION	URL	AGENCY
Small Business Development Centers (SBDC)	Free or low-cost one-on-one counseling and training on topics like marketing, regulatory compliance, technology development, and international trade.	https://americassbdc.org/	SBA
System for Award Management (SAM)	Website to register to do business with the U.S. Government; update, renew, or check status of entity registration; and access publicly available award data.	https://www.sam.gov	SBA
VA Small and Veterans Business Program	Information on the federal program that ensures contract awards to businesses are distributed fairly.	https://www.va.gov/osdbu/programs	VA, SBA
Veteran Small Business Certification	Link for veteran-owned small businesses to be certified by SBA to compete for federal contracts.	https://veterans.certify.sba.gov/	SBA
Veterans Business Outreach Center (VBOC)	Entrepreneurial development services.	www.sba.gov/vboc	SBA
Women Veteran-Owned Small Business Initiative (WVOSBI)	Program to promote economic opportunities for women veteran entrepreneurs.	https://www.va.gov/OSDBU/WVOSBI.asp	VA
Women's Business Centers (WBC)	Training, mentoring, business development, and financing opportunities for womenowned businesses.	https://awbc.org/wbc-locator/	SBA

RESOURCE	DESCRIPTION	URL	AGENCY	
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FAMILY & CAREGIVER SUPPORT

Air Force: Military and Family Readiness Centers	TAP resources for Air Force personnel.	https://www.afpc.af.mil/Airman-and-Family/Transition- Assistance-Program/	DOD
Army Community Service	Army educational opportunities, special events, individualized counseling services, and other offerings focused on community readiness and resiliency.	https://www.armymwr.com/programs-and- services/personal-assistance	DOD
Burial and Memorial Services	Benefits to help Service members, veterans, and their family members plan and pay for a burial or memorial service in a VA national cemetery.	https://www.va.gov/burials-memorials/	VA
Coast Guard: Office of Work- Life Programs	Programs and services that support the well-being of USCG active duty, reserve, civilian employees, and family members.	www.dcms.uscg.mil/Our-Organization/Assistant- Commandant-for-Human-Resources-CG-1/Health- Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG- 111/	DOD
Fisher House Program	Homes for families and caregivers to use while their veterans and active-duty Service members receive treatment.	https://www.socialwork.va.gov/fisher house locations.a sp https://fisherhouse.org/	DOD, VA
Marine Corps Community Services	List of Marine community services by installation.	https://www.usmc-mccs.org/services/career/transition-readiness/	DOD
Marine for Life Network	Offerings of the Marine for Life Network by installation.	https://www.usmc-mccs.org/services/career/marine- for-life-network/	DOD
Military Caregiver Leave for a veteran under the Family and Medical Leave Act (FMLA)	White papers explaining aspects of FMLA, including military caregiver leave.	https://www.dol.gov/sites/dolgov/files/WHD/legacy/files/whdfs28mb.pdf (See 28A-Q)	DOL

RESOURCE	DESCRIPTION	URL	AGENCY
Navy: Fleet and Family Support Centers (FFSCs)	Locations and features of Navy's FFSCs.	https://ffr.cnic.navy.mil/Family-Readiness/Fleet-And-Family-Support-Program/FFSC-Directory/	DOD
VA Caregiver Support Program (CSP)	Clinical services for caregivers of eligible and covered veterans enrolled in the VA health care system.	https://www.caregiver.va.gov/	VA
VA Family Member Benefits	Benefits available for eligible spouses, dependents, survivors, and family caregivers.	https://www.va.gov/family-member-benefits/	VA
Warrior Care and the Military Caregiver Support program	Resources and information exclusively for military caregivers who assist wounded, ill and/or injured Service members.	https://warriorcare.dodlive.mil/Caregiver-Resources/	DOD
Wounded Warrior and Caregiver Employment Workshop	Blended learning delivery of the Employment Fundamentals of Career Transitions (EFCT) followed by instructor-led virtual sessions designed to meet the needs of transitioning Service members who may be wounded, ill and/or injured. Caregivers can also benefit from this course.	https://tapevents.mil/ https://www.dol.gov/agencies/vets/programs/tap/woun ded-warrior-caregiver	DOL
MILITARY SPOUSE EMPLOY	MENT		
DoD Spouse Education & Career Opportunities (SECO) Program	Career counseling for military spouses.	https://myseco.militaryonesource.mil/portal/contact-us	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Military Spouse Employment Partnership (MSEP)	Connects military spouses with hundreds of partner employers who have committed to recruit, hire, promote, and retain military spouses.	https://msepjobs.militaryonesource.mil/msep/	DOL
Military Spouse Interstate License Recognition Options	Specific laws and resources your new state offers to military spouses who work in licensed occupations.	https://www.dol.gov/agencies/vets/veterans/military-spouses/license-recognition	DOL
Military Spouse Transition Program (MySTeP)	Online education and information for spouses throughout their Service members' careers.	https://myseco.militaryonesource.mil/portal/mystep	DOD
My Career Advancement Account (MyCAA)	Workforce development program that provides financial assistance to eligible military spouses for the pursuit or maintenance of a license, certification, or associate degree.	https://mycaa.militaryonesource.mil/	DOL
Transition Employment Assistance for Military Spouses (TEAMS)	Employment courses for military spouses.	https://www.dol.gov/agencies/vets/programs/tap/teams -workshops	DOL
U.S. Department of Labor	Employment resources for military spouses.	https://www.dol.gov/agencies/vets/veterans/military- spouses/employment	DOL
U.S. DOL Military Spouse	Resources for military spouses including license recognition, employment, training and support, civilian life, and community.	https://www.dol.gov/agencies/vets/veterans/military- spouses	DOL

RESOURCE	DESCRIPTION	URL	AGENCY	
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FEDERAL, STATE, & LOCAL RESOURCE LOCATORS

Center for a New American Security-State Veteran Benefit Finder	Resources to find veteran's benefits by state.	https://www.cnas.org/publications/reports/state-veteran-benefit-finder	DOD
Military OneSource	Offers a wide range of individualized consultations, coaching, and non-medical counseling for many aspects of military life. Help is available 24/7.	www.militaryonesource.mil	DOD
Military/Veteran Service Organization (MSO/VSO)	Search tool for local accredited MSO/VSOs to assist with applying for VA benefits.	https://www.va.gov/ogc/apps/accreditation/index.asp	VA
National Resource Directory	Comprehensive list of vetted federal, state, and local resources.	https://nrd.gov	DOD
State VA Benefits	Information on state VA benefits.	https://www.va.gov/statedva.htm	VA
VA Accredited Representatives	Information about VA accredited representatives who assist Service members with applying for VA benefits.	https://benefits.va.gov/vso/index.asp	VA
VA Facility Locator	Search tool to find local VA facilities.	https://www.va.gov/find-locations	VA
VA Vet Centers	Community counseling services offered to eligible veterans, Service members, and their families.	www.vetcenter.va.gov	VA
VA's Nutrition and Food Services (NFS)	Nutritional services and resources to apply for food assistance benefits.	https://www.nutrition.va.gov/index.asp	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Veteran Service Organizations (VSO) Search	Search tool for local accredited VSOs to help you with applying for VA benefits.	https://www.va.gov/ogc/apps/accreditation/index.asp	VA

FINANCE - PERSONAL & FAMILY Offers a free annual credit www.annualcreditreport.com Annual Credit Report DOD report. https://militarypay.defense.gov/Portals/3/Documents/Bl Downloadable PDF with endedRetirementDocuments/A%20Guide%20to%20the DOD Blended Retirement System information on the Blended %20Uniformed%20Services%20BRS%20December%20 Retirement System. 2017.pdf?ver=2017-12-18-140805-343 http://www.consumerfinance.gov/paying-for-college Information on paying for DOD CFPB Paying for College college. Consumer Financial https://www.consumerfinance.gov/ DOD Consumer information. Protection Bureau (CFPB) Consumer Financial Site to submit a complaint on https://www.consumerfinance.gov/complaint/ DOD Protection Bureau (CFPB) products and services. Complaint https://files.consumerfinance.gov/f/CFPB-Consumer Financial Downloadable PDF on Service Servicemembers-Know-Your-Rights-Handout-Debt-Protection Bureau (CFPB) member rights related to debt DOD **Debt Collection** collection. Collection.pdf

RESOURCE	DESCRIPTION	URL	AGENCY
Cost of Living information	Tools to estimate cost of living by location.	https://www.military.com/money/personal-finance/state-tax-information.html http://www.bestplaces.net/cost-of-living https://www.bankrate.com/calculators/savings/moving-cost-of-living-calculator.aspx https://money.cnn.com/calculator/pf/cost-of-living/index.html https://www.payscale.com/cost-of-living-calculator	DOD
		https://www.expatistan.com/cost-of-living	
Dependency and Indemnity Compensation (DIC)	Tax-free monetary benefit for eligible survivors of Service members who died in the line of duty.	https://www.va.gov/disability/dependency-indemnity-compensation/	VA
Defense Financial Accounting Service (DFAS)	Information on final military pay and debt.	http://www.dfas.mil/militaryseparations.html	DOD
DFAS – Customer Support	DFAS Customer Support.	https://www.dfas.mil/dfas/AskDFAS/	DOD
Equifax	Site to submit credit disputes with Equifax.	https://www.equifax.com/personal/credit-report- services/credit-dispute/	DOD
Estimate pre-tax retirement pay	Site to estimate retirement pay.	http://militarypay.defense.gov/Calculators/High-3- Calculator/	DOD
Experian	Site to submit credit disputes with Experian.	https://www.experian.com/disputes/main.html	DOD
Fair Isaac Corporation (FICO).	Credit score information.	http://myfico.com	DOD
Federal Trade Commission	Information on the Federal Trade Commission.	https://www.ftc.gov/about-ftc	DOD
Federal Trade Commission – Credit Monitoring	Used for electronic credit monitoring.	https://consumer.ftc.gov/consumer- alerts/2019/10/free-electronic-credit-monitoring- coming-soon-military	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
Federal Trade Commission (FTC)	Consumer information and links for reporting fraud/identity theft and obtaining credit reports.	www.consumer.ftc.gov	DOD
FTC Debt	Debt relief information.	https://consumer.ftc.gov/articles/how-get-out-debt	DOD
Military Compensation – Reserve Retirement Pay	Reserve retirement pay information	http://militarypay.defense.gov/Pay/Retirement/Reserve.aspx	DOD
Military Compensation – Retirement Pay	Military retirement pay information.	http://militarypay.defense.gov/Pay/Retirement/	DOD
Military Consumer	Federal Trade Commission website with resources to use as a defense against fraud and to make better-informed decisions when managing money.	https://www.militaryconsumer.gov/	DOD
Military Protections and Tax Benefits (MLA and SCRA)	Information on Military Lending Act (MLA) and Servicemembers Civil Relief Act (SCRA).	https://www.consumerfinance.gov/practitioner- resources/servicemembers/	DOD
MilSpouse Money Mission	Financial education resources.	https://www.milspousemoneymission.org/	DOD
myPay	Home page for the online system operated by DFAS for military members, retirees, and DoD civilian employees to access pay information and make changes.	https://mypay.dfas.mil/mypay.aspx	DOD
Regular Military Compensation (RMC) Calculator	Calculator to determine the approximate civilian equivalent based on your current salary in the military.	http://militarypay.defense.gov/Calculators/RMC- Calculator/	DOD
Retiree Pay Gap	Retiree pay gap information.	militarypay.defense.gov	DOD
SmartAsset	Estimates taxes for salary and retirement pay in a specific location.	https://smartasset.com/taxes/income-taxes	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
SmartAsset Retirement	Determines taxes for retirement pay.	https://smartasset.com/retirement/retirement-taxes	DOD
Survivor Benefit Plan (SPB)	Information on SBP.	https://militarypay.defense.gov/Benefits/Survivor- Benefit-Program/	DOD
Thrift Saving Plan (TSP)	TSP website home page	https://www.tsp.gov/	DOD
Thrift Saving Plan (TSP) - Contributions	Information on TSP contributions.	https://www.tsp.gov/making-contributions/contribution-limits/	DOD
Thrift Saving Plan (TSP) – Online Courses	Web links for TSP online learning courses.	https://www.tsp.gov/online-learning/	DOD
Thrift Savings Plan (TSP)	Information on TSP for individuals leaving government service.	https://www.tsp.gov/changes-in-your-career/leaving- the-federal-government/	DOD
TransUnion	Site to submit credit disputes with TransUnion.	https://www.transunion.com/credit-disputes/dispute- your-credit	DOD
U.S. Coast Guard Pay & Personnel Center (PPCs)	Information on and access to USCG Retiree & Annuitant Services (RAS).	https://www.dcms.uscg.mil/ppc/ras/	DOD
Veterans Benefits Banking Program	Banking options for veterans and beneficiaries to receive VA benefits at participating banks and credit unions.	https://www.benefits.va.gov/benefits/banking.asp	VA

HEALTHCARE			
Access Personal Medical Records	Information on and links to access military health records.	https://www.tricare.mil/Resources/MedicalRecords	DOD
Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA)	Health care services for eligible family members of veterans.	https://www.va.gov/health-care/family-caregiver- benefits/champva/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Continued Health Care Benefits Program (CHCBP)	Information on Continued Health Care Benefits Program (CHCBP).	https://www.humanamilitary.com/beneficiary/benefit- guidance/special-programs/chcbp/	DOD
DoD InTransition	Information on receiving behavioral health continuity of care for Service members and veterans as they move between health care systems and/or providers during transition.	www.health.mil/intransition	DOD
Healthcare Marketplace	Healthcare plan options and price information.	https://www.healthcare.gov/see-plans/	DOD
Healthcare Options	Information on and access to the Health Insurance Marketplace and veteran insurance plans that meet coverage requirements.	www.healthcare.gov/Veterans	DOD
Medical History Form 2807	Site to access and download DD Form 2807.	https://dcp.psc.gov/ccmis/forms/FORMS medical m.aspx	DOD
My HealtheVet	VA's secure online patient portal to manage health care and connect with health care team members.	https://www.myhealth.va.gov/mhv-portal-web/home	VA
State/Local Healthcare Services	Site to search state and local healthcare resources.	www.statelocalgov.net https://localhelp.healthcare.gov/#	DOD
Transition Assistance Management Program (TAMP)	Information on TAMP.	https://www.tricare.mil/TAMP	DOD
TRICARE	TRICARE website home page.	www.tricare.mil	DOD
TRICARE Plans	Information on the various TRICARE plans.	https://tricare.mil/Plans/PlanFinder	DOD

RESOURCE	DESCRIPTION	URL	AGENCY
TRICARE Reserve	Information on TRICARE for National Guard/Reserve Members and Families.	http://www.tricare.mil/reserve/	DOD
U.S. Department of Health & Human Services (HHS)	Information on the Health Insurance Portability and Accountability Act (HIPAA).	https://www.hhs.gov/hipaa/index.html	VA
VA Community Care	Provides care to veterans through community providers when VA cannot provide the care needed.	https://www.va.gov/communitycare/	VA
VA Dental Care	VA dental care benefits, eligibility criteria, application process, and alternate options.	https://www.va.gov/health-care/about-va-health-benefits/dental-care/	VA
VA Healthcare	Explains the benefit, care, and services covered by VA plus eligibility and the application process.	https://www.va.gov/health-care/	VA
VA Liaisons for Healthcare	Assists transitioning Service members with enrolling in VA health care and coordinating continuity of medical care.	https://www.va.gov/POST911VETERANS/VA Liaison Program.asp	VA
VA Medical Treatment Facilities	Interactive map that shows locations of all VA medical facilities that provide medical care for veterans.	https://www.myhealth.va.gov/mhv-portal- web/treatment-facilities	VA
VA Substance Abuse Programs	Assistance for individuals struggling with addiction.	https://www.myhealth.va.gov/mhv-portal- web/substance-abuse-screening	VA
VA Women's Healthcare	Ways to access women's health services such as primary and specialty care.	https://www.va.gov/health-care/health-needs- conditions/womens-health-needs/	VA
Women's Health Transition Training	Self-paced online training for Service women and women veterans to provide information on medical services.	https://www.va.gov/womenvet/whtt/	VA

RESOURCE DESCRIPTION URL AGENCY

HOUSING			
Homeless Veterans' Reintegration Program (HVRP)	Helps veterans experiencing homelessness gain meaningful employment via services that include job placement, career counseling, workshops, and resume writing assistance.	www.nvtac.org/grantees	VA
HUD Exchange	Resources for homeless veterans and homeless veteran service providers.	www.hudexchange.info/veterans/	VA
National Coalition for Homeless Veterans'	List of community-based organizations.	www.nchv.org/index.php/help/help/locate organization	VA
National Community Action Partnership	Nonprofit membership organization that provides technical assistance, training, and other resources to Community Action Agencies, nonprofit, and public groups funded by the Community.	https://communityactionpartnership.com	VA
Office of Housing and Urban Development (HUD)	Description of ways HUD can assist veterans in finding and securing housing.	https://www.hud.gov/topics/veteran information/Veterans and HUD	VA
U.S. Department of Health and Human Services (HHS) Homelessness Resources	Inter-agency federal response to homelessness.	https://www.hhs.gov/programs/social- services/homelessness/index.html	VA
United Way	Comprehensive, confidential source of information for local resources and services.	www.211.org	VA

RESOURCE	DESCRIPTION	URL	AGENCY
VA Disability Housing Grants	Grant opportunities for veterans and Service members with Service-connected disabilities to buy or adapt a home to meet their needs.	https://www.va.gov/housing-assistance/disability-housing-grants/	VA
VA Home Loan Guaranty Program	Assistance to help veterans, Service members, and their surviving spouses buy a home or refinance a loan.	https://www.va.gov/housing-assistance/	VA
VA Homeless Programs	Support for veterans who are homeless or at imminent risk of homelessness.	https://www.va.gov/homeless/	VA
VA-backed Veterans home Loans	VA home loan programs to help buy, build, or improve a home or refinance home loan.	https://www.va.gov/housing-assistance/home-loans/	VA

LIFE INSURANCE			
Qualifying Life Event	Information on Qualifying Life Events (QLEs).	https://www.tricare.mil/LifeEvents/	DOD
VA Life Insurance	Life insurance plans offered by VA.	https://www.va.gov/life-insurance/	VA
VA Life Insurance Needs Calculator	Tool to help determine the appropriate amount of life insurance recommended to provide financial coverage for family members.	https://insurance.va.gov/NeedsCalculator	VA
Veterans Group Life Insurance (VGLI)	Information on life insurance coverage after leaving the military. <i>Note: Premium payment required.</i>	https://www.va.gov/life-insurance/options-eligibility/vgli/	VA

RESOURCE	DESCRIPTION	URL	AGENCY	
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MENTAL HEALTH			
DoD InTransition	Provides behavior health continuity of care to Service members and veterans as they move between health care systems and/or providers during transition.	www.health.mil/intransition	DOD
National VA Chaplain Services	On call Chaplains 24/7 to provide spiritual/religious care to all veterans and their families.	https://www.patientcare.va.gov/chaplain/index.asp	VA
State/Local Mental Health Services	Internet directory of websites for state agencies, city and county governments, and other organizations.	www.statelocalgov.net	DOD
Suicide Crisis Line Chat	Connects veterans and their families with free, 24/7, confidential support in times of crisis.	https://www.veteranscrisisline.net/get-help/chat	VA
Suicide Prevention Resources	Connection to qualified VA representatives for support closest to where you live.	https://www.veteranscrisisline.net/	VA
VA Mental Health Care Services	Mental health services for PTSD, psychological effects of MST, depression, grief, anxiety, or other needs.	https://www.mentalhealth.va.gov/	VA
VA Vet Centers	Community-based counseling centers that provide services to veterans, Service members, and their families.	https://www.vetcenter.va.gov/	VA

RESOURCE	DESCRIPTION	URL	AGENCY
Veterans Crisis Line	Provides veterans in crisis with qualified VA responders, signs to look for, and directions on how to locate the nearest veteran facility.	Call: 988, Press 1 Text: 838255 https://www.veteranscrisisline.net	VA

SEXUAL ASSAULT AND MILITARY SEXUAL TRAUMA

DoD Safe Helpline	Description of DoD's helpline services that offer anonymous, confidential, and support to those affected by sexual assault.	http://safehelpline.org/	DOD
VA Intimate Partner Violence Assistance Program (IPVAP)	Program committed to help veterans, their partners, and VA staff impacted by IPV.	https://www.socialwork.va.gov/IPV/Index.asp	VA
VA Military Sexual Trauma (MST) Support	Access to support and resources for veterans and Service members who have experienced MST.	https://www.mentalhealth.va.gov/msthome/index.asp	VA

SOCIAL MEDIA AND NETWORKING

AboutFace	Forum for veterans, family members, and clinicians to share their experiences with PTSD and treatment.	https://www.ptsd.va.gov/apps/aboutface/	VA
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RESOURCE	DESCRIPTION	URL	AGENCY
LinkedIn	Social media site that connects veterans and military spouses with hiring managers, other veterans, future colleagues, jobs, and learning opportunities. <i>Note: Offers free 1-year premium membership.</i>	http://www.linkedin.com/	DOL
Military Talent Group	Networking platform.	https://www.militarytalentgroup.com/	DOL
Military-Civilian Transition Office (MCTO)	Follow MCTO on LinkedIn for information on policies and events related to TAP.	https://www.linkedin.com/showcase/military-civilian- transition-office	DOD
My Vital Few	Web-based application that works with LinkedIn to manage and automate a networking campaign when searching for a job.	https://myvitalfew.com/	DOL

VOLUNTEER OPPORTUNITIES			
AmeriCorps	List of national service opportunities.	https://www.americorps.gov/members-volunteers	DOL
USAJOBS Help Center	Hiring paths for student volunteers.	https://www.usajobs.gov/Help/working-in- government/unique-hiring-paths/students/volunteers/	DOL
Volunteer.gov	Find volunteer opportunities, submit applications, and track hours on this volunteer recruitment portal geared toward people who support causes managed by federal agencies.	https://www.volunteer.gov/	DOL

ADDITIONAL INFORMATION AND RESOURCES

FBI Extremism Tips	Website to report federal crimes and submit tips regarding terrorist activity to the FBI.	https://tips.fbi.gov/	DOD
Immigration Status	Information on applying for U.S. citizenship.	https://www.uscis.gov/	DOD
USA.gov	Official website of the U.S. government with a comprehensive portal for information on government services.	https://www.usa.gov/	DOL
Voting Assistance	Voting assistance for Service members and their families and overseas citizens.	www.fvap.gov/military-voter/transition	DOD